

WAREHOUSE VOLUNTEERS

MONDAY-THURSDAY 8 AM-5:30 PM

FRIDAY 8 AM-4 PM

Thank you so much for signing up to volunteer at the food bank!

Here are some instructions and what to expect when you come to volunteer. If you have any questions, please email volunteer@communityactionuc.org.

Where do we go?

We are located at 815 S. Freedom Blvd. in Provo, just south of the FrontRunner station.

When you get here, park in the north parking lot and go to the northeast double-sliding door. If someone doesn't greet you right away, there is a doorbell on the wall that you can ring and someone will come get you signed in and get you oriented.

What will we be doing?

During the day volunteers help prepare carts for clients, sort cans, restock the pantry, unload deliveries, clean the warehouse, and work on other projects as needed.

Who can participate?

We require our daytime volunteers to be 12 or older and close adult supervision for those younger than 16. Volunteers of all ages are welcome during our Activity Nights, Contact Lauren at Imanzione@communityactionuc.org or 801-691-5220 to schedule a group for an Activity Night.

What should we bring?

For your safety, we ask that you wear close-toed shoes and comfortable, modest clothes.

If you would like to bring donations with you when you come to volunteer, I attached a list of items that are most needed.

Thanks again for the work you are doing to feed people in Utah County. We would simply not function without the hard work of volunteers like you.

MOST NEEDED ITEMS

FOOD:

- Wet goods: condiments, peanut butter, jelly, syrup, etc.
- Canned meat: tuna, chicken, beef etc.
- Canned Fruit: Mandarin oranges, peaches, pears, etc.
- Soup and stew
- Items for kids' nutrition packs: granola bars, natural juice boxes, raisins, peanut butter crackers, fruit and grain bars, Easy Mac, Chef Boyardee microwave meal, etc.

HYGIENE:

- Disposable diapers : especially toddler sizes
- Cleaning supplies
- Toilet paper
- Toothpaste
- Feminine hygiene products (tampons, pads, panty liners)
- Bar soap
- Shampoo/Conditioner
- Laundry soap

