Ally Guidelines

Circles Utah Valley is an initiative whose aim is to assist local families in getting out of poverty and becoming self-reliant. Our participants (Circle Leaders) meet weekly with community volunteers (Allies) to enjoy a meal together, review goals, and strengthen relationships. Allies are paired with Circle Leaders to help them on their journey toward self-reliance. We are in need of individuals or couples who can be intentional friends and mentors to these families and individuals.

**Schedule an intake** at: (801) 691-5215

VolunteerConnection@CommunityActionUC.org

**Volunteer Options** *pick one site*

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<td><strong>Provo:</strong></td>
<td><strong>American Fork:</strong></td>
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<td>Tuesdays from 5:45 p.m. to 8:00 p.m.</td>
<td>Wednesdays from 5:45 p.m. to 8:00 p.m.</td>
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**Schedule**

- 5:55-6:15 p.m. Dinner
- 6:15-6:30 p.m. Clean-up

**Allies commit to:**

- Attend at least the 1st and 3rd meetings each month, where they help their Circle Leader break down goals, track progress, and strengthen their friendships.
- At least one year of volunteering.
- Pass and pay for their background check ($30).
- Attend two Ally trainings.

**Allies receive:**
- Two trainings to prepare for their role as Allies and to better understand poverty culture.
- Support from on-site staff who can mediate concerns and provide advice and resources.
- The opportunity to make a long-lasting difference in their local community.
- Free dinner and childcare.

**We are looking for individuals who:**

- Can assist with career exploration, interviewing, cover letters, and resumes
- Can share knowledge of budgeting, savings plans, improving credit, etc.
- Have experience in the medical or educational fields

*Circles is housed within Community Action, which is a registered 501 (c) 3 nonprofit.*